

HAIR & GROOMING

Our Salon offers hairdressing and grooming services for men and women.

	<i>from</i>
Gentlemen's cut and finish	£35
Traditional wet shave	£35
Gentlemen's hair trim and wet shave	£70
Ladies' cut and finish (blow dry)	£140
Shampoo and finish (blow dry)	£85
Hair up	£140

The Beaumont Spa's sauna, steam room, cold plunge pool, ice-bar and relaxation area are all available to be used alongside our treatments.

Opening Hours

Monday - Sunday 9am – 9pm (last treatment 8pm).

Please ask at reception for out of hours treatments.

The gymnasium is open 24 hours a day/seven days a week for hotel guests.

To Book

Please call 020 3728 7330

To make an appointment with Abigail James, please email clinic@abigailjames.com

Timing

Please arrive at least ten minutes before your scheduled time.

Cancellation Policy

To avoid any cancellation fees, please cancel a minimum of 24 hours prior to the start of your treatment. Spa packages have a 48 hour cancellation policy.

Vouchers

We offer a choice of gift vouchers. Please ask at Reception or order directly online.

www.thebeaumont.com/gift-vouchers

Spa & Salon

S A M P L E M E N U O N L Y

due to be updated
October 2021, when the Spa will
reopen for treatments.

SPA & GYMNASIUM
at THE BEAUMONT

BROWN HART GARDENS
LONDON W1K 6TF
spa@thebeaumont.com

at THE BEAUMONT

Spa & Salon

HAMAM TREATMENTS

A traditional treatment on our heated marble hamam table, incorporating a cleanse and exfoliation with savon noir, followed by a Dead Sea mud wrap.

Signature Hamam treatment	45 mins	£70
Soothing Hamam treatment <i>(a hamam treatment followed by a full body argan oil massage)</i>	90 mins	£140
The Beaumont Hamam Experience <i>(a hamam treatment followed by a full body massage with argan oil and a face mask)</i>	120 mins	£190

MASSAGE TREATMENTS

Our therapists are trained in various massage techniques and may use a combination in your treatment, as appropriate.

Massage	45 mins	£70
	60 mins	£100
	90 mins	£140
Feet	25 mins	£45
Scalp, head & shoulders	25 mins	£45

Specialist Messages

Hot stones	75 mins	£120
Pregnancy	75 mins	£120
Deep tissue	75 mins	£120
Lymphatic drainage	75 mins	£120

MANICURES & PEDICURES

Full - including massage, exfoliation & cuticle care

Manicure	£50
Pedicure	£50

Express Shape & Colour

Manicure	£35
Pedicure	£35

FACIALS

Our facials use OSKIA London skincare, the multi-award-winning British range. The facials draw on traditional knowledge, such as acupressure, specialist massage, reflex & lymph drainage, through to gentle enzyme & AHA peeling, to leave the skin rejuvenated and glowing.

The Signature Glow	75 mins	£135
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A combination of cleansing, anti-ageing and glow inducing techniques to leave face, body and mind feeling rejuvenated and skin brighter, hydrated and toned.

Revitalising	60 mins	£115
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An ultra-hydrating facial for immediate anti-ageing results, toning the face in the short term & delivering collagen-stimulating benefits to maintain a youthful complexion in the long term.

Gentleman's	60 mins	£115
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Designed to leave the skin thoroughly cleansed, refreshed and hydrated, with a focused neck and shoulder massage to relax and revive.

Glow on the Go	45 mins	£90
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Glow-enhancing results in a hurry: cleansing and exfoliating combined with OSKIA's signature face massage.

Quick Fix	30 mins	£60
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A rapid cleansing, exfoliating and radiance boost.

OSKIA products are free from artificial chemicals, fragrances, preservatives, colourants, petrochemicals, phthalates, silicones, DEA, TEA, sulphates or parabens, and are 98% natural.

ABIGAIL JAMES AT THE BEAUMONT SPA

One of the most well respected skincare and wellbeing experts in the UK, Abigail James is renowned for her extensive knowledge, skills, legendary facial massage and results-driven treatments. Providing solutions for all skin types, tones and ages, Abigail & her team combine natural performance-led products and advanced technology to deliver individually tailored treatments.

Bespoke face treatments	from 50 mins - 120mins	from £180 - £450
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Peels	from 30 mins	from £90
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Clinical skin treatments	from 30 mins	from £200
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Radio frequency	from 30 mins	from £170
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Explore the full treatment menu at abigailjames.com

Appointments for Abigail James at The Beaumont Spa can only be made by emailing clinic@abigailjames.com

SPA PACKAGES

Pick Me Up	60 mins	£100
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Perfect for combatting jet-lag or as a rapid energy boost. Enjoy a rejuvenating body massage (30 mins), a stress-releasing head massage and a face mask.

The Beaumont Retreat	2 hrs	£210
	<i>for 2 people</i>	£390

Bow out for a couple of hours. Unwind with a Signature Hamam treatment, followed by a relaxing full body massage (45 mins) and an individually tailored facial. Finish with a selection of The Beaumont's indulgent cakes accompanied by tea and a glass of Champagne.

Beautifully Pregnant	2 hrs 15 mins	£200
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A perfect respite to release the stresses of body and mind for expectant women. Ease up with a comforting massage (60 mins) focusing on the tense areas brought on by pregnancy, followed by a recuperative facial to meet the needs of a changing skin.

Man at The Beaumont	2hrs 30 mins	£210
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An invigorating and rejuvenating time out, starting with a stress-releasing massage (60 mins), followed by a facial and finishing with a wet shave, a beard trim or pedicure.

Beautifully Beaumont	3hrs	£290
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For top to toe de-stressing and grooming. The ultimate massage (90 mins) is followed by a personalised beauty facial and an express manicure or pedicure to finish