



# Spa & Salon

## HAMMAM TREATMENTS

A traditional Moroccan hammam ritual, starting in our steam room and moving to the warmed, marble hammam table for a cleanse with savon noir, followed by an exfoliation with kessa gloves, a Dead Sea mud wrap, and a nourishing treatment with warmed shea butter to finish.

Signature Hammam Treatment	45 mins	£90
Soothing Hammam Treatment	90 mins	£160
<i>(a hammam treatment followed by a full body shea butter massage)</i>		
The Beaumont Hammam Experience	120 mins	£190
<i>(a hammam treatment followed by a full body massage with warmed shea butter and a scalp or facial massage)</i>		

## MASSAGE TREATMENTS

Our therapists are trained in various massage techniques and following consultation with you may use a combination in your treatment, as appropriate.

Full Body Massage	60 mins	£120	90 mins	£165
Back, Neck & Shoulders			30 mins	£65
Feet			30 mins	£65

### Specialist Massages

Hot Stones	60 mins	£130	90 mins	£175
Pregnancy	60 mins	£130	90 mins	£175
Deep Tissue	60 mins	£140	90 mins	£185

## BODY TREATMENTS

A Body Scrub and Wrap may have benefits for more than your skin including improved circulation, relaxation, stress relief and general wellbeing.

The Beaumont Body Scrub & Wrap	60 mins	£125
With a Massage	100 mins	£185
With a Facial	100 mins	£195
	130 mins	£230
	130 mins	£240

## MANICURES & PEDICURES

### Express Shape & Colour

Manicure	£35
Pedicure	£35

## FACIALS

Our facials use OSKIA London skincare, the multi-award-winning British nutritional skincare range. The facials draw both on traditional knowledge, such as acupressure, specialist massage, reflex & lymph drainage, through to gentle enzyme & AHA peeling, to leave the skin rejuvenated and glowing.

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The Signature Glow	75 mins	£160
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A combination of cleansing, anti-ageing and glow inducing techniques to illuminate the skin and leave face, body and mind feeling rejuvenated and skin brighter, hydrated and toned. The ultimate radiance-boost.

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Revitalising	60 mins	£135
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An ultra-hydrating facial for immediate and lasting anti-ageing benefits, concentrating on toning the face in the short term & delivering collagen-stimulating benefits to maintain a youthful complexion in the long term.

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Gentleman's	60 mins	£135
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Designed to leave the skin thoroughly cleansed, refreshed and hydrated, using natural, scientifically advanced products combined with a focused neck and shoulder massage to relax and revive.

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Glow on the Go	45 mins	£105
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Glow-enhancing results in a hurry, cleansing and exfoliating combined with OSKIA's signature face massage.

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Quick Fix	30 mins	£70
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A rapid cleansing, exfoliating and radiance boost.

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*OSKIA products are free from artificial chemicals, fragrances, preservatives, colourants, petrochemicals, phthalates, silicones, DEA, TEA, sulphates or parabens, and are 98% natural.*

Created by Dr. Maryam Zamani, a global leading Aesthetic Doctor and Oculoplastic Surgeon based in London, MZ Skin is a range of products with unrivalled performance using scientifically-proven ingredients of the highest possible calibre.

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The EYEconic Facial	45 mins	£105
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Focusing on the fragile eye area, delicate massage delivers long-lasting hydration to smooth fine lines, diminish the signs of shadowing and dark circles, and reduce puffiness.

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*MZ Skin formulations are free from phthalates, parabens, silicones, sulphates and GMO.*

## SPA PACKAGES

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Pick Me Up 60 mins £125

Perfect for a rapid energy boost. Enjoy a rejuvenating body massage (30 mins), a stress-releasing head and facial massage. A Pick-Me-Up drink of D.R.Harris bitters, orange juice, carrot juice & soda water to finish.

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The Beaumont Retreat 2 hrs £275  
for 2 people £500

Bow out for a couple of hours. Unwind with a Signature Hammam treatment, followed by a relaxing full body massage and an individually tailored mini facial. Finish with The Beaumont's classic Afternoon Tea accompanied by a glass of vintage Gusbourne Blanc de Blancs in Gatsby's Room.

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Maternity Treat 2 hrs £230

A perfect respite to release the stresses of body and mind for expectant women. Ease up with a comforting massage focusing on the tense areas brought on by pregnancy, followed by a recuperative facial to meet the needs of a changing skin.

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The Beaumont Bespoke 2 hrs 30 mins £295

Take time out, starting with a massage (90 mins) to suit your needs, followed by a tailor-made facial and a head massage.

Add a body scrub or a body wrap of your choice. £85

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The Beaumont Travel Recovery 45 mins £105

An invigorating treatment to combat the stresses of travel. A refreshing dry body brushing, followed by an energising back scrub and back massage.

2hrs 30 mins £295

Soothe away the negative effects of a long trip and jetlag. Reset your body clock and combat fatigue with a reviving body brushing, a purifying body scrub and mask, followed by a relaxing full body massage and bespoke hydrating facial.

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*The Beaumont Spa's sauna, steam room and cold plunge pool are available to be used for up to an hour before or after any treatments or packages of a duration of 2 hours or more.*

## HAIR & GROOMING - JEREMY PERRIN AT THE BEAUMONT SPA

Our Salon offers hairdressing and grooming services for men and women.

Jérémy Perrin is a highly-respected colourist, with outstanding technical excellence. Versatile and with a loyal following, he is sought-after not only for his creativity, but also for his transformative cutting and styling skills. He is widely experienced in all hair types, with a signature look that is natural and effortless.

	<i>from</i>
Ladies' Cut and Blow Dry	£70
Blow Dry	£40
Balayage	£185
Colour & Tint	£70
Treatments	£30
Brazilian Keratin	£175
Gentlemen's Cut and Finish	£55
Beard Trim	£20
Colour	£35

Appointments for Jérémy Perrin at The Beaumont Spa can be made by emailing: [salonjperrin@gmail.com](mailto:salonjperrin@gmail.com)

### Opening Hours

Monday - Sunday 9am – 9pm (last treatment 8pm).

*Please ask at reception for out of hours treatments.*

The gymnasium is open 24 hours a day/seven days a week for hotel guests.

### To Book

Please call 020 3728 7330 or email: [spa@thebeaumont.com](mailto:spa@thebeaumont.com)

To make an appointment with Jérémy Perrin, please email: [salonjperrin@gmail.com](mailto:salonjperrin@gmail.com)

### Timing

Please arrive at least 15 minutes before your scheduled time. Treatments begin on time in order not to inconvenience the following guest.

### Beaumont Hotel In-Room Treatments

All in-room treatments for Beaumont Hotel guests are subject to a surcharge of £30, and are only offered in certain room categories due to space considerations. Please ask at Reception for further details.

### Children

Children under the age of 16 are not permitted in the Spa. Children between 16-18 must be accompanied by an adult.

### Vouchers

We offer a choice of gift vouchers. Please ask at Reception or order directly online: [www.thebeaumont.com/gift-vouchers](http://www.thebeaumont.com/gift-vouchers)

